

NORTHWEST PASSAGE HIGH SCHOOL EXPEDITION PHYSICAL

NAME OF STUDENT (Last, First, Middle)

BIRTH DATE

SEX

MALE/FEMALE

PHYSICIAN'S PHYSICAL EXAM Please Complete ALL Spaces

Health Screening Code: **N**=Normal, **R**=Referred, **T**=Treatment, **C**= See Comments

Blood Pressure: ___/___	General Appearance:	Skin:
Height: _____ Weight: _____		Ears:
Vision: Left ___/___ Right ___/___		Lymph Glands:
Hearing Left: ___ Right: ___		Thyroid:
Physician Comments:		Nose:
		Throat:
		Teeth/Mouth:
		Heart:
		Lungs:
		Abdomen:
		Hernia:
		Genito-Urinary:
Doctor's Name/Phone:		Ortho- Structure: _____
Doctor's Signature:		Pedic Posture: _____
		Feet: _____

NOTE TO PHYSICIAN:

Northwest Passage High School (NWPHS) is an alternative high school. Students attending this school are given the opportunity to participate on extended expeditions outside the normal school day. Students of NWPHS will be, required to move on their own with little assistance, carry 20-65 pounds over varying terrain, enter and exit a boat with little assistance and be able to upright themselves in case of a boat tipping. Our most rigorous expedition is a 40-mile back packing trip in the Rocky Mountains. Students will be on and off trail at elevations of 7,000-14,000 feet. When evaluating this student, please keep in mind their over all physical condition. If you have any questions please contact Peter Wiczorek, Expedition Coordinator, at 763-274-8535.

After examination, _____ is (approved / not approved)
(Student's Name)

for full participation on NWPHS expeditions.

X

 Doctor's Name-Please Print

 Doctor's Signature

 Date

Please explain any limitations or reason for disqualification: