

## **DAILY HOME HEALTH CHECK**

### **SECTION 1: Symptoms**

If your child has any of the following symptoms, that indicates a possible illness that may decrease the student's ability to learn and also put them at risk for spreading illness to others. Please check your child for these symptoms:

- Temperature 100.4 degrees Fahrenheit or higher \*\*
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline) \*\*
- Sore throat \*
- Diarrhea, vomiting, or abdominal pain \*
- New onset of severe headache, especially with fever \*

\* With two or more of these types of symptoms, a student should stay home.

If they only have one of these (or new loss of smell, new muscle pain) that cannot be explained with another diagnosis, then they should stay home and talk to their health care provider about testing for COVID-19

\*\* With a single one of any of these symptoms, a student should stay home

### **SECTION 2: Close Contact/Potential Exposure**

- Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19
- Traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases as described in the Community Mitigation Framework (linked listed below)
- Live in areas of high community transmission (as described in the Community Mitigation Framework) while the school remains open